

# Terms and Conditions

## Group Classes



### Term pass

If you have purchased a Term pass, your place is automatically reserved for all of the classes in that term, and you will be given priority for purchasing the following term pass. A term pass is non transferable and non refundable.

If you miss a class you will **NOT** receive any credit, extreme circumstances will be considered and you may be able to attend another class or transfer your whole pass to another term.

### Class pass 6

If you have purchased a group class pass these are non transferable and non refundable. These are only valid for the class and duration as stated on the pass.

You will need to make sure you are booked onto the class of your choice, you can book **7 days in advance** with a class pass.

#### To cancel a class with a 6 class pass

**Please make sure that you cancel either by email, phone or text only and if required ask to reserve a place for the following week.**

#### Cancel more than 48 hours before class:

If you have a class pass, your credit will be carried forward and you will be able to reserve a place on the next available class (subject to your pass still being in date).

#### Cancel less than 48 hours before class

A credit will be taken from your class pass

#### No show

If you fail to turn up to class a credit will be taken from your class pass.

## Single class paid for in advance

If you choose to pay for each class in advance you are purchasing a place on a specific date, this is non refundable and non transferable.

## Drop in

Drop in places are available if the class has space, you are not able to book these spaces.

## Suitability for exercise

Ultimate responsibility in assessing the suitability and safety of any class, session or exercise must rest upon the client. Steve Grice Pilates will endeavour to ensure the client has completed the relevant health questionnaire, if any questions have been answered "yes" the responsibility lies with the client to obtain any necessary professional approval for the suitability of any exercise regime undertaken.

It is the responsibility of the client to update and inform Steve Grice Pilates of any changes in their specific or general health conditions that may or may not affect the suitability of any exercise regime entered in.

Please note that group classes may not be suitable for people recovering from injuries and/or are pregnant, you should always check with your GP/Health Professional first.

Before your first session clients will be asked to fill out and sign a registration form which includes a medical questionnaire and **agree to the terms and conditions** set out above.

# Terms and Conditions



## Private and Small Group Classes

Private sessions and small group classes are always subject to availability. Booking is required.

At least 48 hours notice is required if you need cancel or change a private appointment, otherwise full payment for the appointment will be required.

You can cancel/amend by email or phone, if your appointment was made using the reservation you will be able to cancel/amend your appointment using this system.

All private sessions are non-refundable, but may be in some cases transferable upon agreement.

Payment terms are by arrangement.

### Suitability for exercise

Ultimate responsibility in assessing the suitability and safety of any class, session or exercise must rest upon the client. Steve Grice Pilates will endeavour to ensure the client has completed the relevant health questionnaire, if any questions have been answered "yes" the responsibility lies with the client to obtain any necessary professional approval for the suitability of any exercise regime undertaken.

It is the responsibility of the client to update and inform Steve Grice Pilates of any changes in their specific or general health conditions that may or may not affect the suitability of any exercise regime entered in.

Please note that group classes may not be suitable for people recovering from injuries and/or are pregnant, you should always check with your GP/Health Professional first.

Before your first session clients will be asked to fill out and sign a registration form which includes a medical questionnaire and **agree to the terms and conditions** set out above.

[www.stevegricepilates.co.uk](http://www.stevegricepilates.co.uk)  
07915 394408  
[info@stevegrice.co.uk](mailto:info@stevegrice.co.uk)